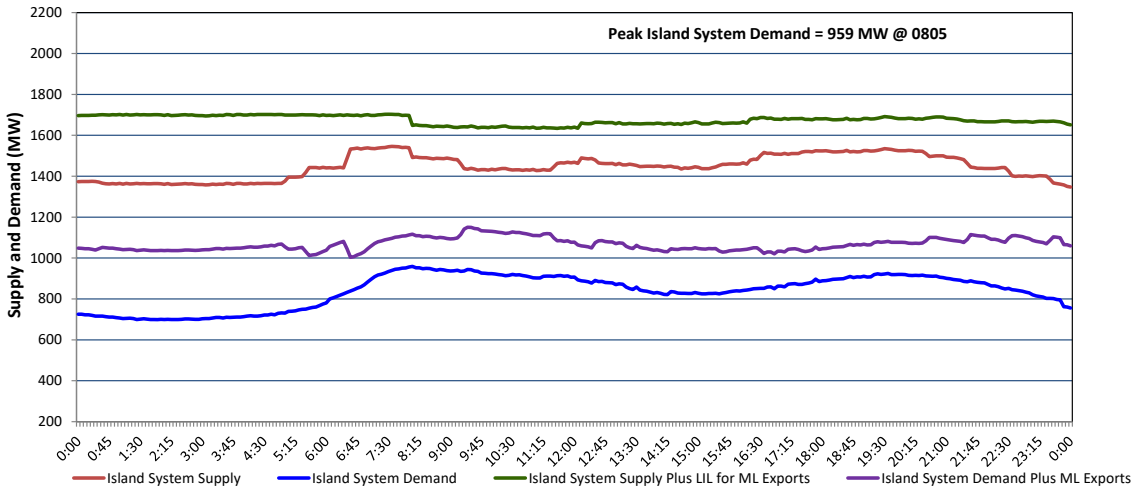
Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Monday, October 19, 2026

Section 1
Island Interconnected System - Supply, Demand & Exports
Actual 24 Hour System Performance For Friday, October 16, 2026



Island Supply Notes For October 16, 2026 [1]

A	As of 0800 hours, May 06, 2026, Holyrood Unit 2 unavailable due to planned outage 40 MW (170 MW).
B	As of 0841 hours, May 24, 2026, Hinds Lake Unit unavailable due to planned outage (75 MW).
C	As of 0943 hours, September 26, 2026, Holyrood Unit 3 available but not operating (150 MW).
D	As of 2000 hours, October 03, 2026, Holyrood Unit 1 unavailable due to forced extension to planned outage 166 MW (170 MW).
E	As of 1335 hours, October 06, 2026, St. Anthony Diesel Plant available at 7.7 MW due to forced derating (9.7 MW).
F	As of 0929 hours, October 13, 2026, Upper Salmon Unit unavailable due to planned outage (84 MW).
G	At 0802 hours, October 16, 2026, Stephenville Gas Turbine unavailable due to planned outage (50 MW).
H	At 1206 hours, October 16, 2026, Stephenville Gas Turbine available at 25 MW due to planned derating (50 MW).
I	At 1614 hours, October 16, 2026, Stephenville Gas Turbine available at full capcity (50 MW).

Section 2
Island Interconnected System - Supply, Demand & Outlook

Sat, Oct 17, 2026	Island System Outlook[2]		Seven-Day Forecast	Island System Daily Peak Demand (MW) Forecast[8]	Adjusted[6]
Island System Supply:[4]	**1,457**	**MW**	Saturday, October 17, 2026	**875**	**825**
NLH Island Generation:[3,7,10]	1,040	MW	Sunday, October 18, 2026	1,015	965
NLH Island Power Purchases:[5]	120	MW	Monday, October 19, 2026	1,120	1,070
NP and CBPP Owned Generation:	185	MW	Tuesday, October 20, 2026	1,010	960
LIL Net Imports to Island:[9]	112	MW	Wednesday, October 21, 2026	1,020	970
			Thursday, October 22, 2026	1,075	1,025
7-Day Island Peak Demand Forecast:	**1,120**	MW	Friday, October 23, 2026	1,015	965

Island Supply Notes For October 17, 2026

Notes:
1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. Hydro schedules outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
2. As of 0800 Hours.
3. Gross continuous unit output.
4. Gross output from all Island sources (including Note 3).
5. NLH Island Power Purchases include: ML Imports, Exploits Generation, Rattle Brook, Star Lake, Wind Generation and capacity assistance (when applicable).
6. Adjusted for interruptible load and the impact of voltage reduction when applicable.
7. Due to limitations inherent in the design of combustion turbines, the output of combustion turbines may be reduced in the event that ambient temperatures exceed the threshold required for full rated output. This threshold is dependent on the design of each turbine.
8. Does not include ML Exports.
9. LIL Import sunk in the Island System. Actual LIL flows will be restricted by various system conditions including, but not limited to, Island Load, ML Exports and Avalon Unit status.
10. Run-of-river hydro resources are subject to hydrological variability. Reported firm capacity reflects the capacity expected to be available during peak demand periods.

Section 3
Island Peak Demand and Exports Information
Previous Day Actual Peak and Current Day Forecast Peak

Fri, Oct 16, 2026	Island Peak Demand[11]	8:05	959	MW
	Exports at Peak		157	MW
	LIL Net Imports to Island		3,364	MWh
Sat, Oct 17, 2026	Forecast Island Peak Demand		875	MW

Notes:
11. Island Demand is supplied by NLH generation and purchases, LIL Imports plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).